

Berkshire **BADGER** CAFE



GRADES 7-8

Choose an **Entrée** with...
1 Fruit and 1 Veggie

(or Specialty Salad with 1 Fruit)

+ your favorite flavor of
fat-free **Milk**

► Includes self-serve Side Bar ◀

At least one Fruit or Veggie
must be included.

ONLY \$3.25

What's for LUNCH!

(ADULT LUNCH MEAL, MILK
NOT INCLUDED ... \$3.50)

GRADES 9-12

Choose an **Entrée** with...
2 Fruits and 2 Veggies

(or Specialty Salad with 2 Fruit)

+ your favorite flavor of
fat-free **Milk**

► Includes self-serve Side Bar ◀

At least one Fruit or Veggie
must be included.

ONLY \$3.25

MONDAY

IN A BOWL

A rotation of all your favorite lunches served in a bowl including these themes with a variety of chicken and beef toppings offered:

- Mashed Potato
- Asian
- Mac and Cheese
- Breakfast Scramble

TUESDAY

MEXICAN

A rotation of your favorite Mexican dishes with all the toppings including:

- Burrito Bowl
- Taco Bar or Nachos (choose from Taco Meat or Chicken Fajita Meat)
- Mexican Pizza
- Quesadillas

WEDNESDAY

PASTA BAR

Make your selection from our "Pasta Bar" featuring:

- Pasta with Meatballs or Meat Sauce
- Chicken Alfredo
- Garlic Bread

THURSDAY

ON A BUN

A rotation of our signature sandwiches all served on a bun including:

- Hot Subs
- Meatball Subs
- Honey Sriracha Chicken Subs
- Italian Sausage Sandwich
- Chicken and Waffles

FRIDAY

FLASHBACK

Take your pick from a rotation of the traditional favorites such as:

- Bosco Sticks
- Grilled Cheese Sandwiches
- Turkey and Gravy over Mashed Potatoes

DAILY OFFERINGS...

- Big Daddy's Pizza
- Chicken Sandwiches (Regular and Spicy)
- Variety of Wraps (Turkey, Ham, Spicy Chicken, Chicken or Veggie)
- Black Bean Burger (by request)

FRUIT SIDES...

- Apples, Oranges, Bananas
- Fresh Fruit in season (Melons, Strawberries, Grapes, Pineapple)
- Variety of Canned Fruit (Peaches, Pears, Applesauce, Pineapple, Mandarin Oranges)
- Chilled Juice

VEGGIE SIDES...

- Hot Veggie rotated daily
- Mini Carrots
- Celery Sticks
- Cucumber Slices
- Side Salad

SPECIALTY SALADS...

- Spring Mix Salad with lots of Fresh Veggies, sprinkling of Cheese and one of the following: Turkey, Grilled Chicken, Spicy Chicken, Breaded Chicken, Taco Meat

Want More Nutritional Info?

Nutritional information on all food offered is available at www.berkshireschools.org on the "Nutrition Services Department" page. Per the USDA's Smart Snack Guidelines, not all a la carte items are available to all students. Visit the "Nutrition Services" web page for more information. Money may be applied to a student's account with credit or debit card, online through the Infinite Campus Parent Portal on the District's website.

Please visit ... schoolmeals.nutrislice.com ... for: Allergen Info • Nutrient Analysis • Carb Counts • Vegetarian Options • Items free of Artificial Colors and Flavors and GMOs • Ohio Proud Items



Berkshire Local Schools

Maximizing each student's potential as an individual and as a responsible citizen.

This institution is an equal opportunity provider.

Nutrition Services

2019-2020 School Year

All prices subject to change 8/19