



What's for BREAKFAST!

GRADES 7-12

**Entrée with Milk and your choice of 2: Fruit • Juice • Veggie
ONLY \$2.00**

(ADULT BREAKFAST MEAL, MILK NOT INCLUDED ... \$2.25)

— A La Carte Items —

Yogurt 4 oz.	\$.75	Cereal Bars.....	\$1.00
Cereal	\$1.00	Peanut Butter & Jelly single pack	\$2.00
Pop Tarts 2-pack, whole grain	\$1.25	Breakfast Entrée.....	\$2.00
Muffin	\$1.50	Fruit or Breakfast Potato side item.....	\$1.25

— Beverages —

Water.....	\$1.00	100% Juice 10-12 oz.	\$1.25
Milk 1/2 pint	\$.50	Sports Drink 12 oz.	\$1.00
Coffee 8 oz.	\$1.00	Flavored Waters.....	\$1.25
Juice Box and Juice Cups 4-8 oz.	\$.75	Specialty Drinks and Tea.....	\$1.50

Want More Nutritional Info?

Nutritional information on all food offered is available at www.berkshireschools.org on the "Nutrition Services Department" page. Per the USDA's Smart Snack Guidelines, not all a la carte items are available to all students. Visit the "Nutrition Services" web page for more information. Money may be applied to a student's account with credit or debit card, online through the Infinite Campus Parent Portal on the District's website.

Please visit ... schoolmeals.nutrislice.com ... for: Allergen Info • Nutrient Analysis • Carb Counts • Vegetarian Options • Items free of Artificial Colors and Flavors and GMOs • Ohio Proud Items



Berkshire Local Schools

Maximizing each student's potential as an individual and as a responsible citizen.

This institution is an equal opportunity provider.

Nutrition Services

2019-2020 School Year

All prices subject to change 8/19