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Allergen Info • Nutrient Analysis • Carb Counts •  
Vegetarian Options • Items free of Artificial Colors  
and Flavors and GMOs • Ohio Proud Items



# 2019-2020

## Berkshire Local Schools

# Elementary MENU

## Lunch Meal Calendar

### AUGUST 2019

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

### SEPTEMBER 2019

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

### OCTOBER 2019

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

### NOVEMBER 2019

S	M	T	W	T	F	S
				1	2	
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

### DECEMBER 2019

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

### JANUARY 2020

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

### FEBRUARY 2020

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

### MARCH 2020

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

### APRIL 2020

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

### MAY 2020

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

### JUNE 2020

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

### Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<ul style="list-style-type: none"> <li>Pancake and Sausage on a Stick</li> <li>Variety of Fresh Fruit</li> <li>Variety of Juice</li> </ul>	<ul style="list-style-type: none"> <li>Cinnamon Bar</li> <li>Variety of Fresh Fruit</li> <li>Variety of Juice</li> </ul>	<ul style="list-style-type: none"> <li>Mini Pancakes</li> <li>Variety of Fresh Fruit</li> <li>Variety of Juice</li> </ul>	<ul style="list-style-type: none"> <li>Banana Bread</li> <li>Variety of Fresh Fruit</li> <li>Variety of Juice</li> </ul>	<ul style="list-style-type: none"> <li>Breakfast Pizza</li> <li>Variety of Fresh Fruit</li> <li>Variety of Juice</li> </ul>

All student **BREAKFAST COMBO MEALS** include milk! Students must select a fruit or juice with the Breakfast Combo Meal.  
Breakfast Items Offered Daily: Breakfast Breads, Bars and Pastries, Cold Cereal, String Cheese.

### 3 Ways to Pay for Meals!

- PRE-PAYMENTS ONLINE** ... To pay online with a credit card, log into the Parent Portal in Infinite Campus. Allow 24 hours for credit card payments to be received and applied to the account. You may also view your child's transactions through this same service.
- CHECK** ... Please make checks payable to your school cafeteria and include the student's name(s) and ID number(s) on the check. If splitting money among multiple students, please indicate the amount to post to each account.
- CASH** ... Cash is accepted, but sending cash in with elementary-age students is not encouraged. We are not responsible for lost or stolen cash.

Apply for free or reduced-price meals at any time during the school year through your Infinite Campus Parent Portal or call 440-834-3380 to have a paper application mailed to you.

### Lunch Entrées Offered Daily

- Pizza
- Chef Salad or Yogurt and String Cheese with Banana Bread
- Smuckers Peanut Butter & Jelly Uncrustable
- Sunbutter & Jelly Crustless Sandwich

### Drinks

- Extra Milk (1/2 pint) ..... \$ .50
- Bottled Water..... \$1.00
- Capri Sun 100% Juice..... \$ .75

### A La Carte

A variety of a la carte snack selections are offered at each school. Prices range from \$.50 – \$1.00. Only one a la carte purchase may be made, either with cash or with money on account, unless otherwise stipulated by the parent. ATTENTION — Each year, a note should be sent in to the cafeteria if you do NOT want your child to be able to use funds on account for a la carte purchases.

### Meal Pricing

Student Lunch (includes milk)	\$3.00
Adult Lunch (milk not included)	\$4.00
Student Breakfast (includes milk)	\$2.00
Adult Breakfast (milk not included)	\$2.50

### Lunch - Week 1

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<ul style="list-style-type: none"> <li>Chicken Sandwich</li> <li>Baked Beans</li> <li>Cinnamon Pears</li> </ul>	<ul style="list-style-type: none"> <li>Nachos with Beef and Queso</li> <li>Celery Sticks</li> <li>Diced Peaches</li> </ul>	<ul style="list-style-type: none"> <li>French Toast Sticks</li> <li>Scrambled Eggs</li> <li>Hash Brown Stars</li> <li>Chilled Juice</li> </ul>	<ul style="list-style-type: none"> <li>Bosco Sticks with Marinara Sauce</li> <li>Mini Carrots</li> <li>Red Seedless Grapes</li> </ul>	<ul style="list-style-type: none"> <li>Kids' Choice</li> <li>Green Beans</li> <li>Strawberries</li> </ul>

### Lunch - Week 2

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<ul style="list-style-type: none"> <li>Chicken Tenders with Honey Wheat Roll</li> <li>Baked Beans</li> <li>Diced Pears</li> </ul>	<ul style="list-style-type: none"> <li>Walking Taco</li> <li>Sweet Corn</li> <li>Diced Peaches</li> </ul>	<ul style="list-style-type: none"> <li>Pancakes</li> <li>Turkey Sausage Links</li> <li>Hash Browns</li> <li>Chilled Juice</li> </ul>	<ul style="list-style-type: none"> <li>Toasted Cheese Sandwich</li> <li>Tomato Soup</li> <li>Applesauce</li> </ul>	<ul style="list-style-type: none"> <li>Kids' Choice</li> <li>Cucumber Slices</li> <li>Mandarin Oranges</li> </ul>

### Lunch - Week 3

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<ul style="list-style-type: none"> <li>Chicken Nuggets with Cinnamon Roll</li> <li>Mini Carrots</li> <li>Applesauce</li> </ul>	<ul style="list-style-type: none"> <li>Pizza Crunchers</li> <li>Green Beans</li> <li>Diced Peaches</li> </ul>	<ul style="list-style-type: none"> <li>Ravioli with Garlic Bread</li> <li>Steamed Broccoli</li> <li>Mandarin Oranges</li> </ul>	<ul style="list-style-type: none"> <li>Corn Dog</li> <li>Sweet Corn</li> <li>Cinnamon Pears</li> </ul>	<ul style="list-style-type: none"> <li>Kids' Choice</li> <li>Baked Beans</li> <li>Pineapple</li> </ul>

### Lunch - Week 4

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<ul style="list-style-type: none"> <li>Popcorn Chicken with Mashed Potatoes and Roll</li> <li>Cinnamon Applesauce</li> </ul>	<ul style="list-style-type: none"> <li>Soft Tacos</li> <li>Celery Sticks</li> <li>Diced Peaches</li> </ul>	<ul style="list-style-type: none"> <li>Pancake Sausage on a Stick</li> <li>Smiley Potatoes</li> <li>Mandarin Oranges</li> </ul>	<ul style="list-style-type: none"> <li>Cheeseburger</li> <li>Baked Beans</li> <li>Mixed Fruit</li> </ul>	<ul style="list-style-type: none"> <li>Kids' Choice</li> <li>Mini Carrots</li> <li>Seedless Grapes</li> </ul>

All student **LUNCH COMBO MEALS** include a side salad and a milk! Students must select a fruit or veggie with a Lunch Combo Meal. Fresh fruit is available daily. Kids' Choice entrée items will be announced on Thursdays.



## Berkshire Local Schools Nutrition Services

14259 Claridon Troy Road • P.O. Box 364 • Burton, Ohio 44021  
440-834-3380 • [www.berkshireschools.org](http://www.berkshireschools.org)  
Manager: Jenny Harrison • [jenny.harrison@berkshireschools.org](mailto:jenny.harrison@berkshireschools.org)  
Director: Kelly Minnick, SNS • [kminnick@lakeesc.org](mailto:kminnick@lakeesc.org)



Information Regarding Food Allergies, Sensitivities and Diabetic Students: A physician's statement is required for specific food substitutions in the case of life-threatening allergies (this includes milk). It is the parent's responsibility to review the monthly menu and contact the Director of Nutrition Services with questions regarding specific content of food items (440-834-3380). We do not ban any food from the school setting and we are not a peanut/nut-free school district. We use the guidelines as set forth in the The School Food Allergy Program by The Food Allergy Research and Education Network (FARE). Carb counts and nutritional information for most food items are available on our website. Please call or email for any other information. This institution is an equal opportunity provider.