

What's for LUNCH!

GRADES 7-8

Choose an **Entrée** with...
1 Fruit and 1 Veggie
 (or Specialty Salad with 1 Fruit)
 + your favorite flavor of
 fat-free **Milk**

► **Includes self-serve Side Bar** ◀
 At least one Fruit or Veggie
 must be included.

ONLY
\$3.25

GRADES 9-12

Choose an **Entrée** with...
2 Fruits and 2 Veggies
 (or Specialty Salad with 2 Fruits)
 + your favorite flavor of
 fat-free **Milk**

► **Includes self-serve Side Bar** ◀
 At least one Fruit or Veggie
 must be included.

ONLY
\$3.25

MONDAY

In A Bowl

TUESDAY

Mexican

WEDNESDAY

Pasta Bar

THURSDAY

On A Bun

FRIDAY

Flashback

(ADULT LUNCH MEAL,
 MILK NOT INCLUDED
 ... \$4.00)

— A La Carte Items —

Featured Entrée of the Day.....	\$3.00
Deli, Wrap, Sub Sandwiches	\$3.00
Chicken Sandwich.....	\$3.00
Pizza	\$3.00
Specialty Salads	\$3.25
(Includes Chicken, Taco, Chef, Grilled Chicken, Cheese)	
Peanut Butter & Jelly	\$3.00
Side Items	\$1.25
Banana Bread.....	\$1.25
Soft Pretzel	\$.75
Whole Fruit	\$.75
Fruit Snacks	\$.75
Bagged Snacks.....	\$.75 / \$1.00
Granola Bar	\$.50
String Cheese.....	\$.50
Mini Bread Loaf / Roll	\$.50
Extra Salad Dressing large packet.....	\$.50

Want More Nutritional Info?

Nutritional information on all food offered is available at www.berkshireschools.org on the "Nutrition Services Department" page. Per the USDA's Smart Snack Guidelines, not all a la carte items are available to all students. Visit the "Nutrition Services" web page for more information. Money may be applied to a student's account with credit or debit card, online through the Infinite Campus Parent Portal on the District's website.

Please visit ... schoolmeals.nutrislice.com ... for: Allergen Info • Nutrient Analysis • Carb Counts
 • Vegetarian Options • Items free of Artificial Colors and Flavors and GMOs • Ohio Proud Items



Berkshire Local Schools

Maximizing each student's potential as an individual and as a responsible citizen.

This institution is an equal opportunity provider.

Nutrition Services

2019-2020 School Year

All prices subject to change 9/19