

Berkshire BADGER CAFÉ



What's for LUNCH!

GRADES 7-8

Choose an **Entrée** with...

1 Fruit and 1 Veggie

(or Specialty Salad with 1 Fruit)

+ your favorite flavor of fat-free **Milk**

► **Includes self-serve Side Bar** ◀

At least one Fruit or Veggie must be included.

ONLY \$3.00

**MAKE IT
A COMBO!
IT'S YOUR
BEST DEAL!**

(ADULT COMBO, MILK NOT INCLUDED ... \$3.50)

GRADES 9-12

Choose an **Entrée** with...

2 Fruits and 2 Veggies

(or Specialty Salad with 2 Fruit)

+ your favorite flavor of fat-free **Milk**

► **Includes self-serve Side Bar** ◀

At least one Fruit or Veggie must be included.

ONLY \$3.00

MONDAY

CHICKEN

A rotation of all your favorite chicken items including:

- Spicy Chicken Sandwiches
- Chicken Nuggets
- Chicken Tenders
- Grilled Chicken Sandwiches
- Chicken Parmesan Sandwiches

TUESDAY

CULTURAL

A rotation of your favorite ethnic dishes with all the toppings including:

- Burrito Bowl
- Soft Tacos or Nachos (choose from Taco Meat or Chicken Fajita Meat)
- Mexican Pizza
- Quesadillas
- Sweet & Sour Chicken with Rice
- Teriyaki Chicken with Rice

WEDNESDAY

PASTA BAR

Make your selection from our "Pasta Bar" featuring:

- Pasta with Meatballs or Meat Sauce
- Chicken Alfredo
- Garlic Bread

THURSDAY

SUBS

Add your favorite toppings to our signature toasted sub sandwich.

FRIDAY

FAVORITES

Take your pick from a rotation of the traditional favorites such as:

- Bosco Sticks
- Grilled Cheese Sandwiches
- Mac and Cheese
- Turkey and Gravy over Mashed Potatoes

DAILY OFFERINGS...

- Big Daddy's Pizza
- Chicken Sandwiches (Regular and Spicy)
- Variety of Wraps (Turkey, Ham, Spicy Chicken, Chicken or Veggie)

FRUIT SIDES...

- Apples, Oranges, Bananas
- Fresh Fruit in season (Melons, Strawberries, Grapes, Pineapple)
- Variety of Canned Fruit (Peaches, Pears, Applesauce, Pineapple, Mandarin Oranges)
- Chilled Juice

VEGGIE SIDES...

- Hot Veggie rotated daily
- Mini Carrots
- Celery Sticks
- Cucumber Slices
- Side Salad

SPECIALTY SALADS...

- Spring Mix Salad with lots of Fresh Veggies, sprinkling of Cheese and one of the following: Turkey, Grilled Chicken, Spicy Chicken, Breaded Chicken, Taco Meat

Want More Nutritional Info?

Nutritional information on all food offered is available at www.berkshireschools.org on the "Nutrition Services Department" page. Per the USDA's Smart Snack Guidelines, not all a la carte items are available to all students. Visit the "Nutrition Services" web page for more information. Money may be applied to a student's account with credit or debit card, online through the Infinite Campus Parent Portal on the District's website.



Berkshire Local Schools

Maximizing each student's potential as an individual and as a responsible citizen.

This institution is an equal opportunity provider and employer.

Nutrition Services

2016-2017 School Year

All prices subject to change 8/16